



**PRE-OPERATIVE INSTRUCTIONS FOR INTRAVENOUS (IV) CONSCIOUS  
SEDATION**

To reduce dental anxiety and increase comfort during your periodontal procedure, you have elected to have your treatment performed with IV conscious sedation. Here are a few key points to keep in mind while preparing for your surgery:

1. You must not consume any food or beverage at least 8 hours prior to your surgery. Small sips of water to take required medications are acceptable.
2. You must have a responsible adult drive you to and from your surgical appointment.
3. Please dress in loose layers to facilitate the venipuncture and attaching of our monitoring equipment.
4. Daily medications should be taken as normal with small sips of water unless otherwise instructed.
5. For Insulin dependent diabetic patients, take HALF the daily NPH Insulin dose the morning of surgery and DO NOT take your regular Insulin the morning of surgery. After your surgery, please resume meals and normal NPH and Insulin regimens. For non-Insulin dependent diabetic patients, all oral agents (Metformin, Glipizide, Glyburide, etc.) should NOT be taken the morning of surgery but may be resumed at their regular dose and time after surgery.

Please remember that one's reaction to sedatives is highly variable. Our goal is to make you as comfortable as possible throughout the procedure while maintaining a safe level of sedation.

Please do not hesitate to contact our office with any questions leading up to and following your procedure.

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Patient's acknowledgement of receiving consent form

Date

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Printed name and signature of Witness

Date

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